

Name	Suresh Kumar R	Age / Sex	41 / M
UHID	SMH/2025/118742	IP No.	IP-25-09912
Date of Birth	12 Mar 1984	Ward	Semi-private ward (2 beds)
Admitted	08 Aug 2025	Discharged	10 Aug 2025
Consultant	Dr. Anand Krishnamurthy, MS (Gen. Surg.)		

FINAL DIAGNOSIS
Acute appendicitis without perforation (ICD-10: K35.80)

PROCEDURE PERFORMED
Laparoscopic appendicectomy under general anaesthesia on 08 Aug 2025
Surgeon: Dr. Anand Krishnamurthy, MS (Gen. Surg.) · Anaesthetist: Dr. Reema Sequeira, MD (Anaesth.)

PRESENTING HISTORY
41-year-old male presented with acute onset right iliac fossa pain of 18 hours' duration, associated with two episodes of vomiting and low-grade fever. No prior abdominal surgery. No known comorbidity.

EXAMINATION ON ADMISSION
Afebrile at presentation (99.1°F), pulse 96/min, BP 124/78 mmHg. Abdomen soft, tenderness and guarding localised to the right iliac fossa, Rovsing's sign positive, Alvarado score 8.

INVESTIGATION	DATE	RESULT
Complete Blood Count	08 Aug 2025	TLC 14,200 /µL — neutrophilic leucocytosis
Ultrasound abdomen & pelvis	08 Aug 2025	Non-compressible blind-ending tubular structure, 9mm — acute appendicitis
Serum Electrolytes	08 Aug 2025	Within normal limits
Histopathology — appendix	10 Aug 2025	Acute suppurative appendicitis. No malignancy.

COURSE IN HOSPITAL
Admitted and started on intravenous antibiotics and fluids. Ultrasound confirmed acute appendicitis. Taken up for laparoscopic appendicectomy the same evening. Intra-operatively the appendix was inflamed and oedematous without perforation; base was healthy. Post-operative recovery was uneventful — orals were resumed on the first post-operative day, drains were not required, and the port sites remained clean and dry. Discharged on the second post-operative day in stable condition.

DRUG	DOSE	FREQUENCY	DURATION
Tab. Cefuroxime 500mg	500 mg	Twice daily	5 days
Tab. Metronidazole 400mg	400 mg	Thrice daily	5 days
Tab. Paracetamol 650mg	650 mg	As needed, max 4/day	5 days
Tab. Pantoprazole 40mg	40 mg	Once daily, before food	7 days

ADVICE ON DISCHARGE
Wound care as demonstrated. Avoid lifting weights over 5 kg for four weeks. Resume desk work after one week. High-fibre diet, adequate oral fluids.

REVIEW: OPD review on 17 Aug 2025 with Dr. Anand Krishnamurthy for suture-line check.
Condition at discharge: stable, afebrile, ambulant, tolerating orals. Report immediately for fever > 100°F, wound discharge, or persistent vomiting.

Dr. Anand Krishnamurthy, MS
(Gen. Surg.)
Consultant Surgeon · KMC 48812

MEDICAL RECORDS